

STANDING ABDUCTOR

JPL-512

◆ Standing Abductor machine boasts a compact design and ergonomic handles for comfortable workouts. With customizable resistance levels, users can adjust the intensity to suit their fitness goals. Its standing position ensures optimal alignment for engaging the abductor muscles effectively. Elevate your leg training routine with the Standing Abductor, engineered to deliver outstanding functionality and results.

◆ **DIMENSION:**
Length : 30 inches / 76 cms
Width : 66 inches / 168 cms
Height : 60 inches / 152 cms
Weight Stack : 165lbs / 75 kg

◆ **MUSCLE WORKED:**
Glutes
Adductors / Abductors

